



REVIEW: POLYPHENOLS AND SENSORY TRAITS IN REVERSE OSMOSIS NOLO WINES

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| Abstract

In the rapidly evolving realm of NoLo (no- or low-alcohol) wines, maintaining sensory qualities during alcohol reduction remains paramount. This study examines how reverse osmosis affects the flavour and compounds in wine. Additionally, the evaluation of consumer perceptions and preferences regarding wines produced utilising this methodology is carried out. Alcohol decreases with reverse osmosis, but the wine's polyphenolic structure also changes. This particular shift markedly influences the flavour, aroma, and texture of the wine. Through surveys and blind tastings, it emerged that some consumers favoured the nuanced profile of wines treated with reverse osmosis. However, many were discerning of the subtle distinctions in flavour and aroma when juxtaposed with traditional wines. Wine production needs to balance dealcoholization, polyphenolic integrity, and consumer preferences.

| Keywords

Reverse osmosis, NoLo wines, Polyphenols, Consumer trends, Dealcoholization.

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Introduction

Oenological research and beverage analysis have recently been marked by a significant evolution: the growing prominence of "NoLo" (no- or low-alcohol) beverages, particularly wines. Historically, wines have not only been appreciated for their unique sensory attributes—analytically measured—but also their sociocultural significance, a theme chronicled in ethnographies worldwide.

Alcohol, fundamentally integral to wines, shapes their physicochemical and sensory attributes. Ethanol's influence spans from impacting viscosity to modulating the volatility of aroma compounds and flavour interactions. Yet, contemporary trends influenced by health insights and evolving cultural perceptions are spurring reductions in alcohol intake. This instigates essential questions: In the realm of alcohol diminution or removal, how do wines retain or change their inherent characteristics? What are the molecular consequences of these transformations?

Central to this discourse is the behaviour and significance of polyphenols in wines. These multifaceted organic compounds, lauded for potential anti-oxidative properties, are the subjects of extensive research, probing their bioactivity, interactions within wine ecosystems, and possible health outcomes. As the wine industry treads the path of NoLo wines, decoding the nexus between polyphenolic profiles, sensory experiences, and alcohol reduction emerges as pivotal.

Research Objectives and Scope

The purpose of this study is to analyse dealcoholized wines in-depth with specific intents:

- **Historical Overview:** An examination of the history and technological evolution of dealcoholized wines is provided in this literature review.
- **Tech Overview:** A thorough analysis into modern methods of removing alcohol from wine, how they work, and how they change wine's taste, smell, and polyphenol content, based on actual data.
- **Polyphenol Study:** A close look at wines polyphenols, their extraction, and how they affect the taste and health of dealcoholized wines.
- **Consumer Insights and Industry Trends:** Understanding consumer preferences for dealcoholized wine versus traditional wine through research.

Terminologies Defined

NoLo Beverages: Specifically crafted beverages with minimised or absent alcohol content, aspiring to mirror the sensory nuances of their conventional alcoholic analogues, indicative of a transformative shift in consumer beverage inclinations.

Dealcoholized wines: have less or no alcohol and their taste and composition are altered by specific techniques.

Polyphenols: A variegated ensemble of organic compounds innate to plants, including grapes. Polyphenols in wine affect colour, taste, astringency, and health benefits.

Reverse Osmosis (RO): A technique leveraging pressure to propel a solvent (usually water) through a selectively permeable membrane. This membrane is tailored to permit only the solvent passage, barring larger solute entities or impurities.

NoLo wines bring scientific challenges and opportunities to the beverage industry. By experimenting and introducing new ideas, this investigation aims to enhance the discussion of health and sensory pleasure in wines.

INTRODUCTION TO NOLO WINES

NoLo wines, a fusion of the terms "no-alcohol" and "low-alcohol," symbolise a transformative stride in the world of oenology. They challenge historical norms and perceptions associated with winemaking and its enjoyment. These wines arise from the confluence of evolving consumer preferences, social norms, and technological advancements in beverage production.

Historical Evolution

The concept of reducing or entirely removing alcohol from fermented beverages isn't an exclusively modern idea. Numerous ancient civilisations engaged in the practice for varying motives such as religion and well-being.

The ancient Egyptians, famed for their mastery in beer and wine production, likely had variations in the alcoholic strengths of their wines. These differences, more a result of diverse fermentation methods than intentional design, catered to specific societal or ceremonial contexts where intoxication wasn't preferred. The Greeks, who held wine in high reverence, routinely diluted it with water, not just for taste but as temperance during prolonged wine-centred symposiums. Taking a leaf from the Greek playbook, the Romans also embraced wine dilution. For them, this wasn't merely functional, but a social statement – consuming undiluted wine was seen as uncivilised [2].

Wine dilution traditions persist today, evident in regional drinks like Hungary's Fröccs or Germany's Weinschorle. Fröccs and Weinschorle are both wine-based drinks mixed with sparkling water. Wine dilution is an old practice for balancing enjoyment and effects.

In the contemporary era, the challenge for oenologists extends beyond mere dilution. It lies in the production of wines with tailored alcohol content without sacrificing authentic wine characteristics.

Drivers of NoLo Wine Popularity Several interwoven factors underscore the rising allure of NoLo wines:

- **Societal and Behavioural Paradigm**[3]: Modern society places significant emphasis on well-being, mindfulness, and thoughtful consumption. This paradigm shift has carved out a niche audience actively seeking alternatives to traditional alcoholic beverages, representing a broader move towards health-centric and sustainable lifestyles.
- **Health Implications**: Prolonged and excessive alcohol consumption has been linked with various health complications[4]. Increasing health awareness is causing people to opt for safer alternatives like NoLo wines.
- **Legislative and Safety Considerations**: Strict legal norms, especially around drinking and driving, have shifted consumption patterns. The strict blood alcohol concentration (BAC) limits and the potential legal implications have accentuated the demand for low or non-alcoholic alternatives.

NoLo wines are emblematic of society's adaptive response to shifting norms and values. By offering a taste experience akin to traditional wines without the accompanying alcohol, they cater to a growing audience keen on conscious consumption. The wine industry has shown that it can adapt to modern lifestyles.

THE EU'S REGULATORY FRAMEWORK FOR NOLO WINES

As wine consumption dynamics undergo transformation, the industry sees a surge in innovations, notably in the 'NoLo' (No or Low alcohol) wines segment. It's important for industry and consumers to keep up with EU's wine regulations.

A significant milestone for NoLo wines within the EU was the recent adaptation of Regulation 1308/2013/EU[5], which oversees the integrated organisation of agricultural product markets. Modified in December, this regulation now delineates a well-defined legal infrastructure for crafting reduced-alcohol wines.

The revision outlines:

- Wines such as wine, champagne, quality champagne, aromatic quality champagne, and select sparkling wines can undergo full or partial de-alcoholization once their distinct characteristics are established.
- Endorsed methods for de-alcoholization encompass partial vacuum evaporation, membrane techniques, and distillation. These methods must preserve the wine's sensory attributes.

For consumer clarity, the revised regulations dictate:

- Wines de-alcoholized to 0.5 percent volume or below bear the label "de-alcoholized".
- Wines reduced to above 0.5 percent, but below the initial alcohol content pre-de-alcoholization should be marked "partially de-alcoholized".

Additionally, wines adhering to these norms are identified by the customs tariff code 2202 99 19.[13]

Given the EU's deep-rooted wine heritage and the resultant stringent origin protection regulations, the updated guideline now accommodates NoLo wines under origin protection, contingent upon:

- Supplemental product descriptions, detailing the NoLo wine specifics.
- Inclusion of the "partially de-alcoholized" distinction and the specific oenological processes employed.
- A comprehensive overview of any limitations associated with the wine's preparation.

The EU's proactive establishment of a transparent regulatory blueprint for NoLo wines reflects its dedication to synchronising with shifting consumer inclinations while upholding supreme standards of quality and clarity. This regulatory precision will fortify both the producers' and consumers' journey as the NoLo wine domain expands.

Reverse Osmosis: A Modern Solution

Reverse osmosis (RO) is a modern technique that harmonises with traditional winemaking artistry. This method, having transcended its roots from primary water purification, now plays a crucial role in the evolving narrative of NoLo wines, asserting its prominence and utility.

RO's essential component is a semipermeable membrane. When applied to the realm of winemaking, it operates by exerting pressure on one side, compelling the wine to interact with this membrane. In doing so, smaller particles, including water, permeate through, leaving behind the larger entities like alcohol, effectively allowing for its isolation and removal.

Utilising reverse osmosis for producing NoLo wines offers several paramount advantages, including the preservation of sensory integrity as the process proficiently balances alcohol removal with the retention of the wine's intrinsic flavour and aroma profiles. Moreover, its environmentally friendly nature aligns with sustainable practices by being energy-efficient and reducing waste, meeting contemporary eco-responsible standards. The precision and adaptability of RO systems grant vintners a high degree of control, allowing them to meticulously adjust the dealcoholization process to match specific consumer tastes and regulatory requirements. RO's versatility is increased by combining it with other methods like spinning cone columns and vacuum distillation, resulting in wines that match the sensory depth of traditional varieties.

Operational Dynamics of RO[6]

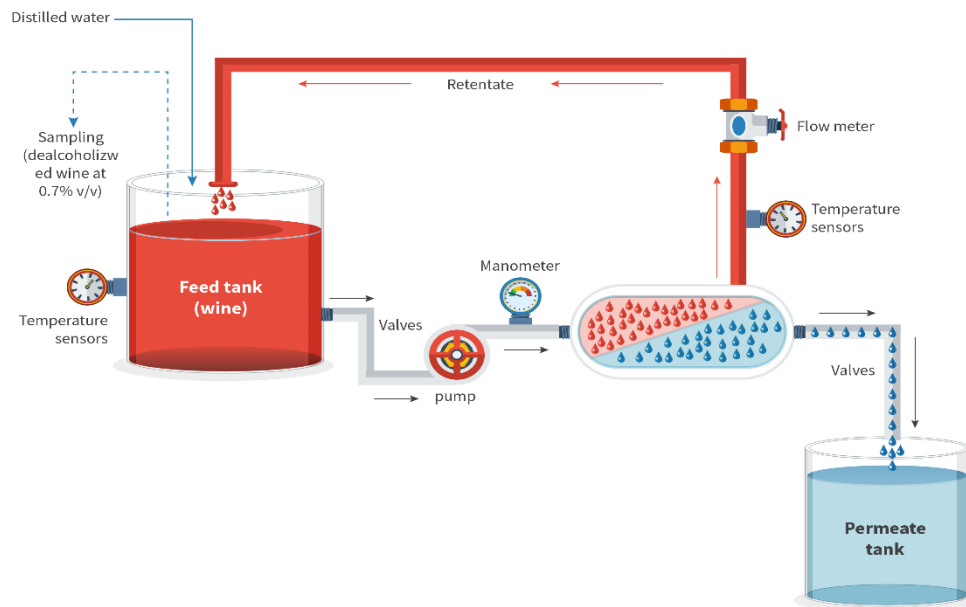
Rooted in the principles of filtration, reverse osmosis capitalises on a meticulously crafted semi-permeable membrane, which acts as a sieve, delineating between different molecular entities present in a solution. While its inception was centred around water purification, its adaptation to winemaking has unveiled new horizons.

Within the oenological sphere, RO presents a calibrated approach to dissociating wine's components. The overarching aim during this procedure is the meticulous extraction of alcohol and any superfluous compounds that might alter the wine's desired character, without detracting from its quintessential attributes.

The growing dependence on reverse osmosis in the wine industry is undergirded by its unique ability to preserve the wine's intrinsic attributes, given its selective filtration that adeptly keeps essential compounds while efficiently removing undesirables. This not only provides vintners with a spectrum of options for tailoring alcohol content but also ensures a consistent flavour profile, a testimony to RO's customisable application. Beyond its primary purpose, the energy conservation and minimised waste associated with RO make it resonate well with contemporary sustainability imperatives. Additionally, its proficiency extends to purifying wines, ridding them of minute contaminants, bolstering their overall clarity. Complementing its singular advantages, reverse osmosis doesn't operate in isolation but harmoniously collaborates with various winemaking techniques, whether preceding or following them, to strike an optimal balance between flavour, aroma, and alcohol levels. Reverse osmosis in winemaking showed the synergy between

science and art. It epitomises the endeavour to contemporize traditional practices, offering wines aligned with modern predilections without sacrificing their inherent essence.

Process Description



1. Figure: Schematic diagram of reverse osmosis process

Adapted from "Comparison between Membrane and Thermal Dealcoholization Methods: Their Impact on the Chemical Parameters, Volatile Composition, and Sensory Characteristics of Wines," by F.E. Sam, T. Ma, Y. Liang, W. Qiang, R.A. Atuna, F.K. Amagloh, A. Morata, & S. Han, 2021, *Membranes*, 11, p. 957. <https://doi.org/10.3390/membranes11120957>.

The application of reverse osmosis (RO) in the realm of wine dealcoholization signifies a meticulous blend of precision and delicacy. Understanding the steps in this method offers insight into its ability to keep the wine's integral flavours and aromas while reducing its alcohol content. The procedure can be delineated:

1. Preliminary Filtration: The initiation of the process involves a fundamental filtration stage. Here, the wine undergoes a treatment to rid it of coarse particles, solid residues, and sedimentary deposits. This phase ensures that the wine is devoid of elements that might clog or damage the RO membrane, facilitating smoother and more efficient subsequent steps.
2. High-Pressure Membrane Filtration: Upon completion of pre-filtration, the wine is introduced to the RO system. Under a regulated pressure environment, it interacts with the semipermeable membrane. This specialised membrane is intricately designed to permit the passage of water, alcohol, and select volatile compounds. The concentrated wine extract keeps the essential components that provide its unique flavour and body.
3. Reconstitution with Distilled Water: Post the alcohol separation, distilled water is added to the concentrated wine elements that were set aside earlier. This method dilutes the remaining alcohol content while striving to maintain the wine's original flavour profile.
4. Quality Assessment: Though not explicitly mentioned in the original steps, post-process evaluation is vital. It involves assessing the dealcoholized wine for its sensory attributes, ensuring it aligns with

desired specifications, and making any necessary adjustments before it's deemed ready for consumption.

In summary, the RO-driven wine dealcoholization procedure is emblematic of a harmonised orchestration of technology and art. Each step is calibrated to ensure that while the alcohol content is reduced, the essential characteristics of the wine - its flavour, aroma, and body - remain untouched.

The Impact of Reverse Osmosis on Wine Components[7]

Contrary to the traditional distillation methods that operate at elevated temperatures, the cooler process of RO has been meticulously designed to mitigate the loss of aromatic compounds, ensuring the preservation of integral aromas. However, even though the RO process is renowned for its precision, sometimes it can inadvertently cause minor shifts in the wine's aroma profile because of the unintentional removal of certain compounds alongside ethanol. This complexity in the process often makes reintroducing aromatics post-RO challenging, occasionally leading to nuanced alterations in the wine's original aroma and scent.

Utilising a selectively permeable membrane, the RO system adeptly preserves key flavour compounds, particularly those with larger molecular sizes, ensuring the retention of the wine's inherent flavours. However, this process can also inadvertently cause a slight increase in tannin concentration by removing water and alcohol. This augmentation in tannins can subsequently affect the wine's astringency and bitterness perception. As a result, post-RO interventions, like acidification, often become essential to recalibrate and restore the wine's flavour equilibrium.

Reducing alcohol via RO not only alters the wine's body and texture, largely because alcohol profoundly affects its viscosity, but also leads to a pronounced concentration of tannins that can subsequently modify the structural perception, particularly in red wines; even though the primary aim of RO is alcohol extraction, it might inadvertently sway the wine's pH and acidity, influencing its overall structure and stability.

Advantages of RO in NoLo Wine Production[8]

Employing reverse osmosis as a technique, winemakers are endowed with unparalleled precision, ensuring not only that wines consistently meet stipulated alcohol levels but also maintain uniform quality across batches, and this precision is further stressed as producers harness the power of RO to fine-tune the dealcoholization process, crafting outcomes from completely non-alcoholic to those with a slight alcoholic tinge. While traditional distillation methods, characterised by their high operational temperatures, pose risks of inadvertently altering the wine's structural integrity and sacrificing essential aromatics and flavours, the RO process, in its contrastingly milder temperature operations, guarantees the preservation of these delicate, temperature-sensitive compounds, solidifying the wine's authenticity and allowing consumers to experience an unaltered, genuine sensory profile. Highlighting its adaptive flexibility, reverse osmosis exhibits an innate versatility, empowering producers to manipulate diverse parameters and produce wines that span a vast alcohol content spectrum, thereby catering to an expansive audience from those inclined towards non-alcoholic beverages to those who desire a subtle alcoholic touch. As consumer preferences and trends evolve, wineries must remain adaptable in the ever-changing beverage landscape. With RO's modifiable nature, wineries can quickly adjust to meet contemporary tastes and regulatory standards. Using reverse osmosis in wine production shows the wine industry's dedication to excellence and satisfying consumers.

Potential Drawbacks[8]

The reverse osmosis process inherently leads to the generation of waste, specifically in wine dealcoholization where the extracted alcohol and other lingering compounds emerge as byproducts, and

while this separation is intrinsic to the RO technique, it simultaneously underscores the importance of meticulous waste management. The proper handling and disposal of this waste becomes a critical concern, given that even though certain byproducts can find secondary applications or undergo recycling, not all residuals possess this utility, which amplifies environmental concerns and underscores the urgency for the adoption of sustainable waste management frameworks. Even as wineries laud RO for its unparalleled precision and ability to preserve intrinsic wine characteristics, they must remain acutely aware of their environmental imprint, recognising that strategic management and potential repurposing of waste can significantly attenuate any negative environmental repercussions. Therefore, as the myriad benefits of reverse osmosis in wine production become apparent, it remains imperative for wineries to gain a comprehensive grasp of its entailed challenges, ensuring they optimise its merits while conscientiously addressing inherent limitations.

The Significance of Polyphenols in Oenology

Wine, a beverage that has intrigued and been revered by humanity for centuries, is more intricate than its immediate sensory appeal. It is the chemical constituents of wine that underpin these sensory characteristics. As delineated by (Eperjesi Imre, Kállay Miklós, Magyar Ildikó, 1998), wine possesses a rich and multifaceted chemical composition encompassing:

- Alcohols
- Sugars
- Organic acids
- Phenolic compounds
- Nitrogenous substances
- Pectin's and polysaccharides
- Aroma compounds
- Minerals
- Vitamins

From this extensive list, the present research focuses on polyphenols, molecules whose influence on wine quality and character is profound.

Polyphenolic Contributions and Challenges

Polyphenols play a crucial role in vinification. They have a dichotomous nature; on one hand, they can exhibit properties which might be deemed detrimental, such as their oxidation propensity leading to browning or the formation of unwanted precipitates (Kállay, 2010). However, these same compounds provide wines with their signature flavours, colours, and textures. They can offer wines a characteristic tang, velvety texture, and contribute to the distinct hues of red wines due to anthocyanins.

Furthermore, polyphenols have implications beyond oenology. They are lauded for their potential health benefits, particularly in cardiovascular health. Specific polyphenols, like quercetin and syringic acid, even exhibit antiviral attributes. Intriguingly, the concentrations of these compounds in grapes show dynamic shifts during ripening, peaking and subsequently declining, as documented by (James Harbertson, James Kennedy, Doug Adams, 2002).

Categorising and Understanding Polyphenols Error! Reference source not found.

The grape berry is a polyphenolic reservoir. The content of these compounds in the berry is contingent on multiple factors, including grape genotype, climatic conditions of the vintage, maturation stage, and exact harvest time.

For a more organised understanding, classifications like that proposed by (V L Singleton, P Esau, 1969) broadly segregate polyphenols into tannins, flavonoids, and non-flavonoid compounds.

In the vast realm of wine composition, non-flavonoid phenols hold a distinct place. They come mainly from the grape's skin and pulp and are esterified compounds, including derivatives from hydroxybenzoic and hydroxycinnamic acids. The concentration of these phenols in wines isn't static; it can be influenced and modulated by an array of vinification techniques. Among these, resveratrol stands out, acquiring recognition not just for its presence but notably for its vascular protective effects in humans.

Both red and white grape varieties contain flavonoids which give wine its distinctive taste. Within this group, a diverse range of compounds make their mark, including, but not limited to, catechins and anthocyanins. Their importance in winemaking is emphasised by how common they are and how much they affect the taste.

Tannins, a diverse biomolecule class, possess properties that are influenced by various factors such as grape berry size and ripening dynamics. Generally categorized into hydrolysable and non-hydrolysable varieties, it's notably the non-hydrolysable tannins that imbue wines with their iconic astringent and bitter taste profiles.

Colour dynamics in red wines are largely governed by water-soluble anthocyanins. Their annual variation and susceptibility to oxidation and polymerisation emphasises their nuanced management in winemaking.

Polyphenols, among other wine compounds, are important for enologists to understand for taste and health benefits.

The Complex Interaction of Reverse Osmosis and Polyphenols in Winemaking[7]

In the realm of winemaking, the integration of reverse osmosis (RO) primarily targets the mitigation of alcohol levels. Understanding RO's effect on polyphenols is key to comprehending its impact on wine.

Polyphenols, an extensive family of molecules, wield substantial sway over a wine's multi-faceted characteristics. These molecules not only shape the organoleptic properties of wine, imparting unique flavours and colours, but also have been linked to health-enhancing attributes[10]. An extensive evaluation of how techniques, like RO, affect polyphenols is essential.

Central to the RO method is the selective permeability of its membrane. Polyphenols are bigger than alcohol and water, so they get trapped because of their size. Consequently, during the RO process, while alcohol is selectively separated, polyphenolic compounds remain concentrated in the wine, safeguarding the integral attributes from flavour depth to colour richness.

Through the meticulous calibration of RO systems, winemakers are equipped to not only dial down alcohol levels but simultaneously preserve the essential polyphenolic richness, emphasising RO's holistic refinement approach in winemaking.

NoLo wines, characterised by their low or zero alcohol content, are fast capturing the modern wine market's zeitgeist, appealing to a demographic desirous of reduced-alcohol options without flavour dilution. In the expanding NoLo niche, it is vital to understand the connection between polyphenols and de-alcoholization.

Effects of Dealcoholization Methods on Polyphenols:Error! Reference source not found.

- Partial Vacuum Evaporation: By leveraging lower pressure to initiate alcohol evaporation, there's potential loss of certain volatile polyphenols, which might subtly shift the wine's aromatic essence.
- Membrane Techniques: Methods like RO and nanofiltration, which separate molecules based on size, may unintentionally remove certain polyphenols, and change the taste and feel of the wine.
- Distillation: Being thermally driven, distillation may modify or degrade heat-sensitive polyphenols, impacting the wine's visual and olfactory appeal.

Sensory Ramifications of Polyphenolic Modifications in NoLo Wines:[6]

Polyphenols orchestrate the symphony of a wine's sensory experience, from hue to flavour. Alterations in their composition could induce:

- Colour shifts, notably in red wines powered by anthocyanins.
 - Flavour texture modifications, given the astringency and bitterness orchestrated by tannins and select flavonoids.
 - Birth of novel aromatic nuances, which might enhance or detract from the overall aromatic experience.
- For those intrigued by the health-promoting facets of wine, any modulation in polyphenolics post-de-alcoholization might recalibrate these benefits, amplifying or attenuating their potency.

Tasting and Sensory Analysis of NoLo Wines

Considering the burgeoning interest in NoLo (no or low alcohol) wines, a rigorous and scientific evaluation of these products becomes paramount. NoLo wines, by virtue of their unique production methodologies and the aspiration to mirror the sensory characteristics of their alcoholic counterparts, causes specialised sensory assessment techniques. In this segment, we'll explore the process of evaluating the taste of NoLo wines in comparison with traditional wines.

Methodological Design for Sensory Evaluations of NoLo Wines

- a) **Objective Determination:** As a precursor to sensory evaluation, defining the purpose of the analysis is imperative. Objectives may encompass benchmarking against industry standards, rigorous quality assurance measures, or gathering and interpreting consumer feedback for product enhancement.
- b) **Panel Composition:** Both trained wine experts and regular wine drinkers are on the panel to evaluate the NoLo wine's taste completely.
- c) **Referential Framework:** Incorporating well-established reference materials offers a structured framework, enabling panellists to standardise and align their sensory perceptions, thus warranting a uniformity in evaluations.
- d) **Counteracting Biases through blinding:** Mitigating cognitive biases is crucial for objective analysis. Employing coded, indistinguishable glasses ensures evaluators remain uninformed about the specific category of wine they are assessing, minimising potential prejudices.

Comparing NoLo Wines with Traditional Wines

- a) **Contrapuntal Analysis:** Employing simultaneous tasting sessions provides clarity on the contrasts and commonalities in terms of aroma, flavour profile, and textural attributes between NoLo and traditional wines.
- b) **Discrepancy Identification:** Conducting a comprehensive gap analysis highlights the sensory differences between non-alcoholic and alcoholic beverages. Such insights can be instrumental for vintners to fine-tune their de-alcoholization techniques.
- c) **Evaluative Analysis Based on Grape Varietals:** Grape varietals inherently have specific flavour characteristics. Assessing NoLo wines originating from a particular varietal against its traditional version can yield meaningful insights into fidelity of flavour reproduction.

Dissecting the Sensory Characteristics of NoLo Wines

Rooted in the grape's inherent traits, primary flavours offer inherent fruity undertones, while secondary flavours, which evolve from the vinification process, encompass nuances introduced by fermentation; meanwhile, tertiary flavours result from maturation, bringing forth characteristics such as oaken or smoky undertones.

While the attenuated alcohol content in NoLo wines could potentially dilute the aroma's vibrancy due to alcohol's role as a potent solvent for volatiles, these wines might also exhibit a differential trajectory in aroma evolution when exposed to atmospheric conditions, underscoring the intensity and multifaceted nature of their olfactory profile.

While the diminished alcohol in NoLo wines can impact the wine's body, potentially rendering it less voluptuous, it's also worth noting that in traditional wines, alcohol serves to modulate the perception of tannins; therefore, the altered alcohol levels in NoLo wines could inherently redefine this tannic perception, highlighting the intricate interplay between vinosity, texture, and tannic qualities.

Achieving balance in NoLo wines is crucial for consumer endorsement. It requires mastery due to the complex combination of sweetness, acidity, tannins, and reduced alcohol. Vintners need to understand the flavours, aromas, textures, and balance in these wines to please consumers who want less alcohol but still enjoy traditional wine experiences.[11]

Food Pairing Possibilities with NoLo Wines: A Scientific Exploration into Culinary Complementarity

Wine pairing now includes NoLo wines that have low or no alcohol. It combines art and science. As the consumption of NoLo wines becomes more prevalent due to health and dietary considerations, the scientific community finds an imperative to systematically examine their compatibility with various culinary elements. This study explores the compatibility between NoLo wines and different foods to enhance the dining experience.

Synergetic Interactions: NoLo Wines and Culinary Constructs

- a) **Complementary Profiles:** NoLo wines, subjected to specific vinification processes, exhibit a spectrum of flavour compounds and aromatic volatiles. For example, a NoLo wine crafted from the Sauvignon Blanc varietal, characterised by methoxy-pyrazines, may exhibit green and citrus notes, aligning chemically and sincerely with the acid profiles of seafood preparations or zesty vegetable salads. Conversely, a NoLo Merlot, rich in anthocyanins and esters, could align with the Maillard reaction products of grilled red meats.
- b) **Texture Modulation:** The rheological properties of NoLo wines, particularly viscosity and tannin structure, have the potential to interact with and modify the perceived textures of various food items. Drinking a buttery NoLo Chardonnay with creamy dishes enhances the flavour.
- c) **Tertiary Flavour Interactions:** Certain NoLo wines may undergo aging in oak barrels or alternative oak adjuncts, introducing phenolic compounds such as vanillin and tannins, which can exhibit binding or complementary interactions with smoked proteins or caramelisation products in certain dishes.

Gastronomic Equilibrium

NoLo wines go well with numerous types of global cuisine because of their unique flavours. For instance, a NoLo Riesling, abundant in terpenes, potentially provides a counterpoint to the capsaicin intensity in spicy Asian dishes, whereas a NoLo Tempranillo, imbued with pyrazine and lactone, may seamlessly blend with the multifaceted spice tapestry of Mediterranean cuisine. As the shift towards vegetarian and vegan diets gains momentum, it's imperative for wines, like a NoLo Pinot Noir laden with anthocyanin and earthy ketones, to amplify flavours in dishes, such as those mushroom-based, enhancing the umami experience. Additionally, the presence of residual sugars in NoLo wines, stemming from unfermented glucose and fructose, acts as a modulator, tempering the fiery bite of capsaicin in spicy foods and refining the overall taste spectrum.

Augmenting Gastronomic Experiences through NoLo Wine Pairing

- a) Thematic Culinary Harmonisation: By employing a meticulous analytical method, dinners can be innovatively crafted with each course meticulously structured around a specific NoLo wine's chemical profile, establishing a continuous molecular resonance throughout the epicurean journey.
- b) Visionary dining establishments may consider offering curated multi-course experiences centred around NoLo wines. These sequences are meticulously crafted through sensory evaluations and promise an immersive journey that captures the nuanced subtleties of each NoLo wine iteration.
- c) Pedagogical Enclaves: are numerous in the world of NoLo wines, providing enthusiasts with ample opportunities to delve into the complexities of winemaking, chemical underpinnings, and sensory characteristics through educational symposiums.

The combination of NoLo wines and gastronomy offers various opportunities for academic and sensory exploration. Combining food chemistry and sensory expertise can create new wine and food pairings.

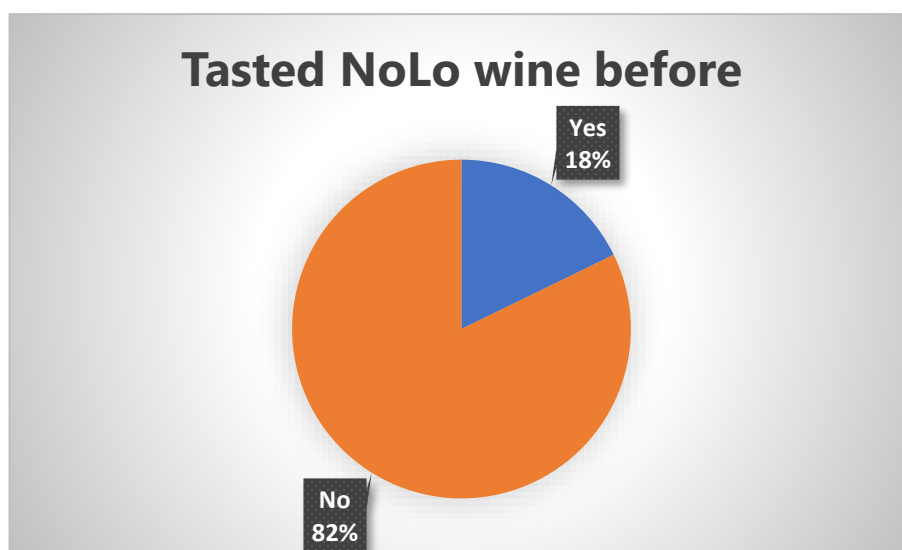
Consumer Preferences and Market Trends: A Comprehensive Analysis of NoLo Wines

The wine sector, renowned for its age-old traditions and fluid adaptability, now grapples with emerging consumer paradigms. NoLo wines, characterised by low or negligible alcohol content, become an instrumental probe into modern-day societal predilections, the intricate biochemistry of wine consumption, and the reshaping market dynamics. This article explains how NoLo wines, consumer behaviour, and polyphenols are related.

Survey Methodology:

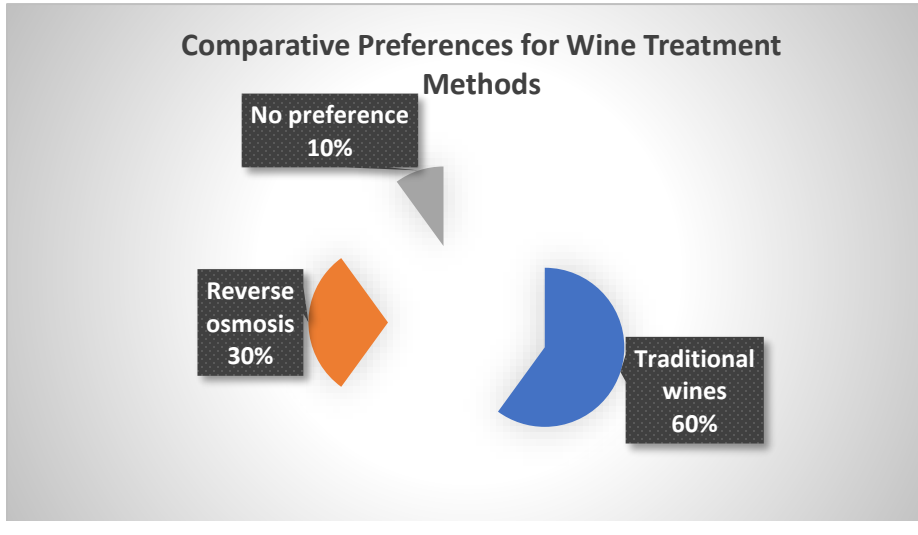
Location: A prestigious wine tasting setting in Budapest, Hungary, acknowledged for attracting diverse wine connoisseurs.

Sample Group: Over three days, 90 wine lovers from both local and international backgrounds partook in the study. Tasting Process: A blind tasting introduced participants to two wines: a conventional white wine and its dealcoholized alternative. The majority of the attendees, predominantly in their mid-thirties, represented a youthful demographic, and with an even gender distribution, the universal allure of viticulture was unmistakably clear. 18% of participants already knew about NoLo wines, which means there's potential for the market to grow.



2. Figure: Tasted NoLo wine before

When it came to taste dynamics, the dominance of traditional wines remained unshaken, securing 60% endorsement; however, the emergence of NoLo wines as a notable contender, capturing 30% preference, cannot be overlooked. An additional 10% of participants hovered in a zone of neutrality, suggesting a fluid landscape where brand allegiances might be realigned.

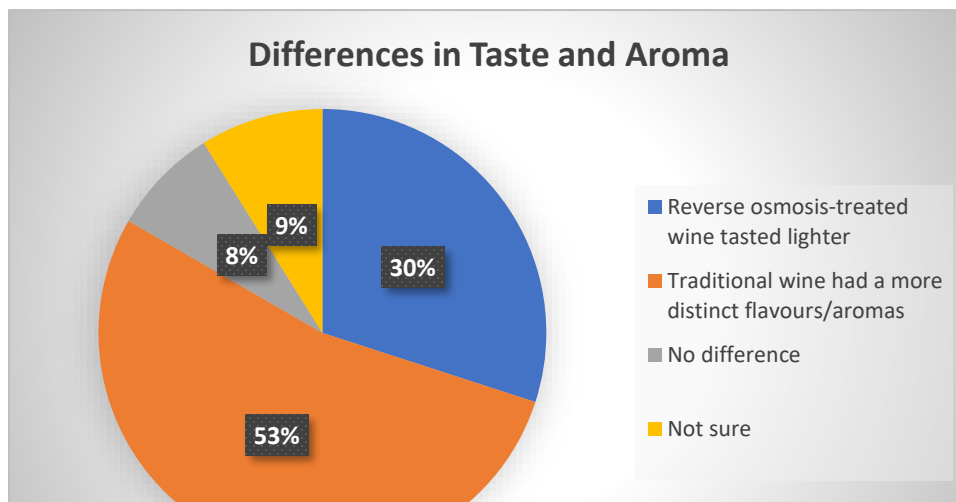


3. Figure: Comparative Preferences for Wine Treatment Methods

Delving deeper into the sensory impressions, it's evident that NoLo wines, characterised by their invigorating and fresh appeal, allured 30% of the discerning connoisseurs present. Despite this, 53% still love traditional wines for their rich flavours and depth. Interestingly, there was a modest yet significant segment of 8% who didn't discern any notable difference between the two varieties, suggesting overlap in the sensory experience they offer. Additionally, a cautious 9% opted for ambivalence, perhaps indicating a need for further exposure or contemplation before forming a definitive preference.

Feedback from the participants showed that while they liked the lively nature of the NoLo wines, many still missed the deep flavours of regular wines. The divergence between the two wine categories was more detectable in their scent than in taste, emphasising the role of olfaction in wine enjoyment.

Market Insights & Implications



4. Figure: Differences in Taste and Aroma between Traditional and Reverse Osmosis-Treated Wines

Today's informed consumer understands the health effects of alcohol and is moving towards NoLo wines. This trend is boosted by public campaigns about alcohol dangers and strict laws. Also, younger generations like Millennials and Gen-Z prefer NoLo wines, showing their focus on ethical choices, health, and the environment.

A meticulous analysis, deeply anchored in data-driven insights, underscores a burgeoning adoption of NoLo wines, with specific demographics surprisingly outstripping the preferences for conventional wines. This phenomenon, once solely perceived as a European trend, has evolved with NoLo wines now garnering patronage across continents, a testament to the diversification of global tastes and the expansion of distribution channels. Concurrently, relying on econometric models attuned to these present dynamics, there's a persuasive indication of NoLo wines not merely occupying a niche but progressively transitioning to become the new norm in wine consumption.

Polyphenols, celebrated for their profound potential to alleviate cardiovascular issues and counteract oxidative harm, have ascended to a focal point in modern health discussions. Recognising the modern consumer's insatiable thirst for informed decision-making, vintners astutely accentuate polyphenolic profiles and associated health benefits in their marketing endeavours[12]. Yet, these polyphenols, quintessential to the sensory character of wine, present a formidable challenge: they task NoLo wine artisans with the delicate act of intertwining these health benefits seamlessly with the familiar attributes of traditional wines. The realm of NoLo wines embodies the sophisticated confluence of science, intricate market shifts, and the dynamic palate of contemporary consumers. Experienced and new members of the wine industry should both have a grasp of how everything works together. This will help them predict changes in the industry, create new things with accuracy, and serve knowledgeable customers well.

Exploring Future Directions

Embarking on a deeper understanding of oenology reveals a seismic shift heralded by NoLo (no or low alcohol) wines. As wine consumption nuances adapt to societal and technological transformations, three pillars emerge as ideal: technological advancements like refined osmotic equilibrium promise precision in preserving organoleptic compounds, while market dynamics signal recalibration driven by the rise of NoLo wines. Moreover, leveraging genomics could unlock grape varieties predisposed to low alcohol content, redefining vinification processes. Summarily, as NoLo wines weave their narrative into the oenological tapestry, they present a confluence of challenges and opportunities, poised to redefine the global viticulture paradigm.

Summary

In the rich tapestry of winemaking, the emergence of NoLo wines, expertly crafted through state-of-the-art techniques like reverse osmosis, signifies a pivotal shift in the age-old traditions of oenology. Drawing insights from our comprehensive survey, while many wine enthusiasts cherish the robust flavours of traditional wines, there's a growing interest in the lighter, refreshing notes of NoLo variants. Beyond just flavour, a significant allure of these wines is their polyphenolic content. Reducing alcohol in wine without sacrificing quality requires a concentration on polyphenols, known for their potential health benefits. As winemakers moving further into the realm of NoLo wines, the challenge will be to seamlessly blend traditional methods with innovations like reverse osmosis to preserve these essential polyphenols and the wine's sensory integrity. By combining ancient practices with modern science and balancing health and taste, the wine industry is entering a thrilling and constantly evolving era.

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